

WONDERWORD

By DAVID OUELLET

Muscle Workouts

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L	L	E	W	O	R	T	H	Y	C	C	E	R	S	H
M	O	O	R	D	E	B	H	A	E	X	I	F	T	O
S	E	O	T	N	A	T	R	O	P	M	I	S	I	M
N	M	U	S	C	L	E	S	E	Y	T	U	D	U	E
R	E	U	L	A	V	G	N	W	R	T	A	A	S	M
U	K	C	E	N	S	D	N	O	H	R	L	R	A	S
T	T	H	S	V	I	G	T	I	Y	G	R	E	N	E
R	H	P	R	N	E	A	N	W	L	D	R	O	G	H
E	I	G	G	O	T	N	A	I	N	L	I	E	C	S
H	G	R	I	I	U	I	I	U	D	T	A	A	A	D
T	H	M	O	E	S	T	O	N	C	R	M	D	E	T
E	S	N	I	T	W	S	I	E	G	O	O	R	E	Y
G	N	I	N	R	O	M	R	N	T	L	A	C	D	P
O	T	S	I	W	T	I	D	S	E	H	A	O	E	I
T	N	O	U	T	D	O	O	R	S	S	B	D	G	R

Bedroom, Body, Care, Dare, Directions, Duty, Energy, Evening, Expending, Fix, Glad, Great, Healthy, Hips, Home, Important, Legs, Morning, Muscles, Music, Neck, Outdoors, Pedalling, Radio, Recordings, Rotation, Routines, Shared, Sound, Stomach, Suits, Thighs, Thin, Toes, Together, Trim, Turns, Twist, Value, Waist, Weight, Well, Worthy.

Solution: 9 letters